



## your body is your temple

Additional information about  
yoga studio, classes offered,  
breathing techniques, levels of  
yoga taught and more.

**REGISTRATION IS OPEN!**

Registration for hot yoga, prenatal  
yoga, and yoga essentials is going  
on now. Please refer to studio for  
more information.

# REACH

your potential

**UPLOADABLE  
LOGO OR IMAGE  
HERE (optional)**

BREATHING | REGULATE THE BODYS ENERGY

MEDITATION | CALM AND CENTER THE MIND

RELAXTION | REDUCE AND ELIMINATE STRESS

ENERGIZE | RELAX AND TONE THE MUSCLES

UPLOADABLE  
LOGO OR IMAGE  
HERE (optional)



\$0<sup>00</sup>  
OFF

Insert  
Offer  
Here

Cannot be combined with any other offer. Valid at participating locations only.

Expires: 00/00/00

Your Address Here  
City, ST ZIP

000-000-0000

(Your Locator Here)

Your Address Here  
City, ST ZIP

000-000-0000

(Your Locator Here)

Your Address Here  
City, ST ZIP

000-000-0000

(Your Locator Here)

Your Address Here  
City, ST ZIP

000-000-0000

(Your Locator Here)

